



August 18 – 19, 2010

Leadership Retreat

Mercy Center St. Louis

Objectives:

- 1. To develop self awareness of one's own leadership style as well as the leadership styles of others.**
- 2. To raise awareness of both advantages and challenges of working with different types of personalities.**
- 3. To identify and begin work on class projects.**
- 4. To enhance class bonding.**

Leadership Skill Set Focus for the Day:

- 1. Who am I as a Leader?**
- 2. What do I believe in, and how do I communicate it?**
- 3. How can I get people to follow me in my vision?**

Agenda Day 1

- 8:30 - 9:00 Registration and room check-in
- 9:00 - 9:30 Continental breakfast
 - Facility information
 - Present retreat agenda
- 9:30 – 9:50 Ice breaker exercises – *Vision Board of Directors*
- 9:50 -10:00 Break
- 10:00 -12:00 Presentation and exercises by Reggie Williams- *State Farm*
 - Personality Profile & Discussion
- 12:00 -12:45 Lunch
- 12:45 – 3:45 Continuation and wrap-up of Reggie Williams' presentation
- 3:45 – 4:00 Break
- 4:00 – 5:00 Class Projects – Discussion of guidelines and topics
Explanation of service project
- 5:00 – 5:30 Free Time
- 5:30 - 6:30 Dinner
- 6:30 - ??? Fun and Games



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Objectives:

1. To identify existing strengths and weaknesses as leaders as well as areas for improvement in leadership skill set.
2. To identify skills that make one more effective when working in a group.
3. To enhance class bonding.

Leadership Skill Set Focus for the Day:

1. Effective Communications
2. Systematic problem solving
3. Consensus decision making
4. Goal setting
5. Trust

Agenda Day 2

- 8:00 -9:00 Breakfast & Check out of rooms
- 9:00 -12:00 Activities and breaks scheduled by *YMCA TEAM Works, Larry Juede*
- 11:45 -12:45 Lunch
- 12:45 – 4:15 Continuation of exercises
- 4:15 – 4:30 Your Turn

Directions

Directions: Take Highway 40/61 to Exit 27 towards Spoeede Rd.
Enter Roundabout and take the second exit onto S. Forty Dr.
Turn right on S. Spoeede, right on Clayton and left on N. Geyer.
Mercy Center will be 1.1 miles up on your right.
2039 N. Geyer - 314.966.4686

**Please note dress attire for Day 1 is business casual. Dinner and the rest of the evening will be more relaxed so jeans/shorts and casual shoes are allowed.
Day 2 is casual dress so again, jeans/shorts and ONLY athletic shoes are allowed.**

Emergency Contact Information

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